Group Goal Setting Worksheet

Write down a group goal for the next few weeks (or whatever time period is relevant).

Our goal is ________________________________________________________________.

We plan to do the goal ____________________________________________________ [ideally, specify the time, date, place, or context for working on the goal].

Who is in charge of coordinating our efforts as we work toward this goal?

______________________________________________________________

Benefits: What would the most positive aspects of achieving our goal look like? How does the goal support our values?

______________________________________________________________

______________________________________________________________

______________________________________________________________

Barriers: What are the most critical barriers to achieving our goal?

______________________________________________________________

______________________________________________________________

______________________________________________________________

What will we do if we encounter critical barriers?

If _______________________________________________________________ [barrier] arises,
we will ___________________________________________________________ [goal-supporting action].

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we will ___________________________________________________________ [goal-supporting action].